

Anugraha Gurukula - Shrvana



Children around the world are increasingly affected by violence, growing social problems and a lack of respect for each other and the world around them. Parents and educational institutions are in need to turn around this alarming trend. Many of them understand the solution is an emphasis on learning, clarifying, assimilating and living values. “Shrvana – Gurukula for students” is a vision of living values for students, has been designed in response to this situation.

Shrvana is living values in education initiative for students between 07 and 14 years. It offers a bouquet of experiential activities and inspiring methods for educators, parents and mentors to help children to explore life while growing. Reports from few schools and parents are encouraging and indicate that children are responsive to value activities and become interested in discussing and experimenting with values. Parents and teachers noted that children appear with healthy self-image, attitudes, emotionally relaxed and exhibit an increase in healthy relationship skills.

Shrvana comes with following objectives –

To empower children learn, clarify, assimilate and live values and discover practical implications of living them in relation to self, family, institution and society – Discovering the value of values.

To deepen understanding and become more responsible with regard to making choices.

To inspire individuals to clarify their own value system and be aware of practical methods for developing and deepening them.

To encourage mentors, educators and parents to look at education as a platform where children discover philosophy of living.

To facilitate their overall growth and guide their choices so they may integrate themselves into society with respect, confidence and purpose.

In Shrvana, reflective and visualization activities encourage children to access their own creativity and self-growth. Communication activities, artistic activities, music, dance, drama, clay activities, stories, celebrations and so on inspire children to express themselves while expressing the value of focus. Most of the activities are thought provoking and fun; the reflective time that follows those activities helps children explore effects of different attitudes and choices. Few activities stimulate awareness of personal and social responsibilities.

The theme behind “Shrvana” is “Living values for a better me” Children can participate in the initiative either by subscribing to annual membership or Participating in our workshops; Taking part in one-on-one coaching and mentoring or Partaking in our experiential and activity based outbound retreats. A definite self-growth, a guided career path, confidence in dealing with emotions and stress, encountering child abuse and living values are the take home for students.

Supportive subjects: Respecting our body, mind and life; Preventing sexual abuse; Career assessment and guidance; Goal setting and realisation; Managing emotions and stress; Preparing for examination

Associated subjects - Shrvana is interwoven with,

Shruthi: Effective coaching and mentoring of educators to be classroom leaders

Spandana: Effective coaching and mentoring of parents in parenting and family values

Sankalpa: Effective transformation approach for the institution

Sponsor your school and invest in your students to transform them as “Value Creators”.