

Sandeepany

...little steps with values

The education that we think is not inclusive; it is insufficient, incomplete, and superficial. It creates people who can earn their livelihood but it does not give any insight into living itself. It is not only incomplete; it is harmful too – because it is based on competition, distrust and to win at any cost.

Any type of distrust, competition or any non-values end-up hurting: violent deep down, and creates people who are unloving, unacceptable, uncaring and uncompassionate. Their whole effort is to be the achievers: of name, of fame, of all kinds of ambitions – obviously, they have to struggle and be in conflict for them. That destroys their joys and that destroys their friendliness. It seems everybody is fighting against the whole world – in reality we prepare children to fight with themselves!

The present day education is result driven; what you are learning is not important; what is important is the examination that will come a year or two years later and the marks you score. No one is interested in what happens in between the learning and the examination. It creates future important students, who are disconnected from the present. It compromises the present for the future. And that becomes your very style of life wherever you go; you are always compromising for rewards leaving the moment for something which is not present. It creates a tremendous emptiness in life. Students when they grow, feel lonely and disconnected.

“Sandeepany” is a learning environment, where children experiment with values and learn to make their own choices guided by values. It is a humble effort to help children aged up to 07 years to discover their freedom in learning. The learning environment is guided by “Values” – children are carefully mentored to learn, clarify, assimilate and learn values. However, the choice like what to do, how to do, how much to do and with whom to do, is entirely the choice of child. This is a process of self-learning, where parents are the part. Precisely, children make parents clarify their values. In this process children develop emotional maturity, which helps them to make right choices in later years.

When a child is encouraged to experiment with values, they learn to seek help from the right source, to manage resources, to speak for themselves, to make intelligent choices, evaluate different options and derive their own learning. “Sandeepany” is primarily a lab space, where they experiment, experience and excel. Slowly but gradually they learn to treat the whole universe as their classroom.

The value driven environment prepares the mind to learn, be responsible, be compassionate, courage, mentally tough, self-aware, 360 degree thinking, open minded, with healthy self-image, healthy attitudes and much more. Such environment equips children to face challenges of life as they experience, observe and live life in its real form.

Context:

The one who cannot respect his or her Guru and Parents can never respect oneself. And obtain any advancement in their life. We therefore stress the importance of raising our children with our enduring family values. These values have been described in our ancient texts and have been practiced for centuries in our motherland and elsewhere. As more Indians become Global citizens, it is very important that we bring our values with us, that we can continue this heritage for time immemorial. The key contributing factor is the focus on raising our children in a loving, self-regulated and spiritual environment in our homes.

So, what are these values? How can we practice these values in our day to day life? Our family values touch all the stages of life – how to raise children; how to fulfil one's duty towards family, society and the nation; how to fulfil one's duty towards parents and parent-in-laws; and how to prepare the family for the greater enlightenment!

The basic family values are: Respect our elders, Take care of our parents in their old age, Respect our Guru or spiritual teacher, Contribute to society and humankind through selfless service, Pass on our cultural, spiritual and ancient heritage to our children

Introduction:

One of the questions we often face is: "What philosophy is "Sandeepany" based on?" Given our background shared above, we definitely bring the influence of "Values". What lies at the centre of our initiative is CHILD. We are and will be for children to mature emotionally and grow less disturbed and destructive. When the need arises to put your little treasure into our care then you can be sure you are putting them into good hands.

We ensure, people associated with us come with gentleness, genuine interest in our vision. Where cuddles, laps and shoulders for all children are free and available. We provide natural and eco-friendly resources for uninterrupted learning.

"Sandeepany" climate is fired with values and hence it is spacious, clean and well provided for allowing wonderful opportunity to grow and explore. Recipes for organic, nutritious meals are provided along with vegetables and fruit choices. Cooks are trained accordingly.

When children come to us, parents are kept well informed with a detailed description of the day to take home. Mentors are always pleased to talk to parents regarding not only about the child, but inclusive of wellness, spirituality, lifestyle, family values, relationship, parenting and so on.

Children are encouraged to reach their next milestone, with lots of stimulating activities from tummy-time for the babies to stories, puppets, song, dance, actions, inside gym time, outside sandpits, slides and space to run and crawl. When it is warm and suitable good use is made of the beautiful outdoor area specially designed for children to learn by clarifying their values.

Purpose:

The education in the present “avatar – form” prevails all over. Sparing few, no one looked for a complete, more whole, and a total education. In this sense almost everybody is uneducated; even those who have great degrees are uneducated in the vaster areas of life. A few are more uneducated, a few are less – but everybody is uneducated, because education as a whole does not exist anywhere.

Our philosophy of “Sandeepany” is to evolve to keep parents, family and society in sync with values. It will take all concerned, not only children to all kinds and all possibilities that have existed, but which present day education has not taken any care of.

Subject matter:

Anugraha Gurukula brings you “Sandeepany” a complete learning package for children less than seven years. Instead calling this initiative as daycare or preschool package, we prefer to name it Gurukula for children. We are a reliable and foremost learning facility that seeks to balance learning with other attributes that children and parent need for holistic growth. After graduating, these learning allow children to continue as self-regulated children.

We have flexible classroom wings that address holistic learning. Each age group has a specific learning resource that matches their level of understanding and development. The learning resources includes an introduction to values through reading, math, science, and social studies, art, music, dance, clay activities, drama and so on... Exposure to these critical subjects along with field visit and experiential retreat is essential at an early age to give the children the building blocks for successful and disturbance free life.

“Sandeepany” is a flexible learning opportunity that enables interested entrepreneurs to set up and run a successful preschool package. If you are looking to set up a preschool or upgrade your existing preschool, we offer a highly effective solution that includes a **parent and child centric learning solution**, learning resources to realise the vision of the curriculum, coaching and mentoring teachers as well as child assessment & evaluation to ensure that the child is provided with the best preschool environment where the child’s emotional growth is assured.

Alternatively “Sandeepany” is available for parents. They can practice the given learning resource with their children at home. They are provided with a state of the art learning resources that covers all aspects of the child’s all round development focused at making the child emotionally mature. “Sandeepany” has incorporated best practices from several early childhood philosophies drawing especially from the Vedic Vision. The learning resource is custom built and flexible to the core, based on the response we get from the child and parents our research team designs and re-designs it for better assimilation. The learning resource has been designed and re-designed with inputs from children, parents and our mentors.

Objectives:

Vision of “Sandeepany” goes beyond classrooms; hence learning happen with a mentor need not be at a classroom. Our mentors create highly inspiring learning environment where effortless learning takes place. Parents and Mentors are coached and mentored by Anugraha Learning and Research Foundation, technically to channelize & nourish children in the most effective way. Their methodology of teaching along with use of teaching aids is updated regularly. They are taken through a well-designed mentoring sessions on regular basis,.

There is no pressure of learning and thus no timings. There will be regular mentor and parent interaction in which child’s progress will be provided and queries if exists can also be sorted. Parents, mentors and we work together with our sincere efforts to develop children in all aspects. Children learn best through direct experiences, seeing feeling and doing. Outings are one of the best ways of bringing new, stimulating, mind stretching experiences to the young children. No one can tell the child much, words alone cannot do the job, and knowledge is perfect only if it is practical. Outing now are perfect means of learning for him. Therefore, field visit and retreats are the part of this learning solution.

Learning method:

Children are taken care, guided and observed every day, every hour, every moment for their choices by parents and mentors; their understandings throughout the year will decide whether a child move further or remain a little longer in the same group. Nobody fails, nobody passes – it is just that a few people are speedy and a few people are a little bit slow - because the idea of failure creates a deep wound of inferiority, and the idea of being successful also creates a different kind of disease, both can't be healed by the present education system. So, examinations will not have any place in this approach. Couple of teachers can't conduct examination and judge a student.

That will change the whole perspective from the future to the present. What you are doing right this moment will be decisive, not five questions at the end of two years. Of thousands of things you will pass through during these two years, each will be decisive; so the education will not be goal-oriented.

Sandeepany does not promote the teacher. Instead of teachers there will be mentors, friends, guides, and the difference has to be understood: the guide will tell you where, in the library, to find the latest information on the subject. The teacher should be only a guide to show you the right direction, to show you how to use the computer, how to find the latest book. His function will be totally different. He is not imparting knowledge to you; he is making you aware of the contemporary knowledge, of the latest knowledge. He is only a guide.

With the learning resources are in place, the next important question that comes to mind is how the resources will be implemented. In the value learning climate, one cannot teach with traditional mechanisms such as "Blackboards" or only through books or only through audio visuals. Children need to experiment with things that they encounter on day-to-day basis. Learning aids have been designed keeping the learning objectives in mind; there is a tight connection between the materials and the learning resources ensuring that the objectives are met while children and parents work with them. These materials are not toys, but are learning aids which have specific learning objectives built into the way they are designed and used. The learning resources also incorporate thematic approaches apart from working with materials ensuring that the child understands the world around through these themes.

The learning package includes materials for the child; a mentor learning module; and a learning model for parents. The main component to ensure the success of the Gurukula learning is proper child assessment, evaluation and improvement plans. To ensure that every child meets the learning outcome laid down as part of the learning resource, the adults need to play the role of "Observers" in the classroom and ensure they record everything that the child does. The adult needs to continuously evaluate the levels on which the activities are being done by each child and record it regularly.

"Sandeepany" also includes a provision for continuous academic support to Gurukula for children through knowledge bases, resources, manuals, documents, ask the experts, monthly download of new activities, new materials every month as upgrades to the resources and more.

Learning model:

The learning model is reflective, experiential, informative and natural. Children are fed with values lived by great personalities. Those great geniuses who have contributed something to the beauty of this planet, to humanity.

We never teach, however, ensure that children make choices to learn by experimenting with values of our inheritance, with footnotes about the people who have been counted up to now as historically great. We ensure to make the future generations completely aware that a dark side existed in the past and dominated the past, but now there is no place for that side.

They experiment with languages. Every person in the world should know at least three languages; one is his mother tongue, and the other is national language and English as an international vehicle for communication. They can also be taught more accurately by technology - the accent, the grammar, everything can be taught more correctly.

We can create in the world an atmosphere of brotherhood: language connects people and language disconnects too. There is right now no international language. This is due to our prejudices. English is perfectly suitable, because it is known by more people around the world on a wider scale. The second is the inquiry of scientific subjects, which is tremendously important because it is half of reality, the outside reality. They can be imparted by technology too, but they are more complicated, and the human guide will be more necessary.

Art of loving is missing in the present-day education. People have taken it for granted that they know what love is. They don't know...and by the time they know, it is too late. Every child should be helped to transform his anger, hatred, jealousy, vilonce into love.

We ensure that our module does not make people sad and serious. And if one third of your life is wasted in a university in being sad and serious, it becomes ingrained; you forget the language of laughter – and the man who forgets the language of laughter has forgotten much of life.

So love, laughter, and an acquaintance with life and its wonders, its mysteries.... These birds singing in the trees should not go unheard. The trees and the flowers and the stars should have a connection with our heart. The sunrise and the sunset will not be just outside things – they should be something inner, too. A reverence for life is part of the module.

All areas of creativity should be allowed; the students can choose. There is nothing compulsory – children will learn what interest they have. They can choose through the whole rainbow of creative arts, because unless a man learns how to create, he never becomes a part of existence, which is constantly creative. By being creative one becomes divine; creativity is the only prayer.

To develop the individual personality and enhance relationships at every step, we provide activities. Activities cultivate interest and extend their exposures beyond confining them to limited areas and subjects. The best part is that even one in school gets the chance to be social with others and discover them develop their interest and talents. Definitely at many places even a non-participative child can also be boosted up. Activities like Dance, Drama, Music, Clay Modeling, Creative art, Games, Yoga and lot many activities which helps to clarify and assimilate values.

“Sandeepany” recommends to celebrate events and festivals. In Gurukula, events are celebrated one day prior to the festival to give complete information about the festival and to enjoy together. Occasions like Republic day, Gandhi Jayanti, Cultural festivals etc are celebrated with great admiration & respect. Every month children need to be brought up on the stage enabling them to present their talent and face people opposite to them. This not only brings out hidden talents but also makes stage a comfortable zone for them to present themselves.

Few activities to name in “Sandeepany” are, Theme days, Farm days, Green days, Village days, Story days, Grand parents days and so on...

We organize workshops exclusively for PARENTS entitled “Values in Parenting” and many more issues of the parents related to child’s development are also given space. All the queries related to how to deal with various situations during parenting’ are also taken into consideration and solved. This is one of our unique concepts which are open for all. It’s an exclusive coaching and mentoring for all those who wish to understand their children first at all age levels and wants to develop them accordingly in the best and correct way.

Activities like Instrumental music, vocal music, dance, drawing, painting, calligraphy, handwriting yoga nidra, traditional games, stories so on... are part of the learning and there is no separate slot for it. In total, Sandeepany helps to develop a healthy attitude towards society; Gain healthy self-image; Develop healthy attitudes; Foster an abiding curiosity; Develop habits of initiation and persistence; Foster inner security and sense of order in the child and so on...

Advantage:

For children and parents -

Sandeepany is a well-researched learning module in values.

Designed on years of learning experience in the field.

Strength of a commitment to contribute to the education field.

Learn – Clarify – Assimilate – Live model of self-paced and self-regulated learning.

Relevant learning resources for children and parents

Well researched and designed curriculum, books, study material, prospectuses, advertisements etc.

Technical inputs: Prospectus, curriculum, educational material, books etc.

Common learning resources for children and parents

For interested entrepreneurs -

Technical assistance in creation of learning infrastructure for interested entrepreneurs at competitive prices.

Time bound project execution by our team of designers, suppliers and workers.

Direct savings from purchase of equipment's, books and other resources

Expert guidance and support from our expertise

Continuous guidance to solve the day-to-day problems and ideas for up gradation of infrastructure.

Concept planning, designing and supervising of layout of interiors.

Local promotional marketing support.

Coaching and mentoring of personnel by continuous workshops for adaptation to the "Living Value" mission.

Technical inputs: Prospectus, curriculum, educational material, books etc.

Designing proper management system

Advantages of "Sandeepany" Gurukula:

Values at first seven years:

The formative years of a child are pivotal in shaping out what the child perceives and the meaning derives out of it in the coming years.

Experiential activities in Listening, Speaking, Reading and Writing is the best and most natural way for kids to learn, assimilate, clarify and live the learning.

Given the challenges faced by today's children, opportunities must be created for their parents and allow inherent talent children come with to get expressed.

"Sandeepany" naturally become a platform where the child doesn't just get ready for life at eight, but parents also prepare themselves for life.

Our culture has proved that most development takes place between 3-7 years of age and the right mentoring and opportunities created for both children and parents can most definitely help children excel in life.

"Sandeepany" allows children and parents to further experience and recognize the simple functioning of natural law in them and in their daily lives.

To enliven the children's experience of bliss through providing a nourishing atmosphere that allows every child to develop the feeling that "mother is at home" in their hearts, even when they are in school.

To offer an experience oriented curriculum that unfolds the full potential of every child in physical and emotional areas of development.

To bring the child gently into the rhythm of life through predictable daily weekly and seasonal routines.

To provide a beautiful and orderly environment containing the highest quality and appropriate learning materials that helps to clarify their values.

To develop a harmonious flow of communication.

To embrace and include the diverse backgrounds of our families and our community into early childhood environment.

To foster faculty development in the areas of value learning and developmentally appropriate practices, as well as self-growth.

Application:

Operating pre-schools

New daycare, pre-school entrepreneurs

Parents, caregivers and guardians

Duration:

Minimum one year on renewal basis